

# CHILD SAFETY TIPS: Bicycle and Pedestrian Safety

## Bicycle Safety:

- Make sure all equipment on the bicycle is in working order (brakes, gears, tires, etc.).
- All bicycle riders and passengers under age 16 are required by Florida Law to wear a helmet. Always wear a properly fitted helmet and securely fasten the strap.
- Wear appropriate shoes (such as sneakers). Avoid wearing flip-flops or riding barefoot.
- Be seen. Wear neon or fluorescent or bright colors when riding and wear something that reflects light (reflective shoes, reflective tape, etc.).
- Do not wear headphones so that you can hear the traffic and pedestrians around you.
- Ride in the same direction as traffic and stay as far to the right as possible. Use bike lanes whenever you can.
- Obey all traffic laws when riding on the roadway. If crossing a roadway upon or along a crosswalk, abide by pedestrian crossing guidelines.
- Never text and ride.
- If riding between the hours of sunset and sunrise, Florida Law requires that the front of the bike be equipped with a lamp which exhibits a white light visible for 500 ft, and the rear of the bike be equipped with a lamp and reflector visible for 600 ft.
- Cross at intersections and never enter the roadway from between parked cars.
- If riding on the sidewalk or in a crosswalk, yield to pedestrians and give them an audible signal (such as, "passing on your left") before overtaking and passing them.
- Refer to the official Florida Driver License Handbook ([www.flsmv.gov/handbook](http://www.flsmv.gov/handbook)) for more information.



## Pedestrian Safety:

- Walk on the sidewalk if there is one. If no sidewalks are present, walk against the direction of traffic so that you can see oncoming vehicles.
- Cross the roadway at corners or in crosswalks. Always watch for traffic when crossing the street.
- Never enter the roadway from between parked cars. If crossing mid-block cannot be avoided, pedestrians must yield right of way to vehicles on the roadway.
- Be seen. Wear bright, reflective colors on clothes, shoes, hats and wristbands. Carry a flashlight when walking at night.
- Avoid wearing headphones so that you can hear the traffic and pedestrians around you.
- Follow pedestrian signs and signals. Pedestrians should yield right of way to vehicles if the crosswalk signal is red or "Don't Walk."
- Never text or look at your cell phone when crossing the street.

# PROTECT YOUR PRECIOUS CARGO!



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