



Tampa Bay Regional Communications Center (TBRCC) kicked off the celebration by giving all communications personnel a “dispatcher survival kit”: the survival kit verbiage was attached to multi-colored plastic bags with very vibrant colored sheets of paper with the information on it. They were all very festive and everybody seemed to enjoy them a lot. They also received an M&M prescription. The M&M prescription was applied to a container that looked like one of the “daily pill containers”.



DISPATCHERS SURVIVAL KIT

- Sweet and Sour Candy: To help you appreciate the differences in others.*
- Peanuts: To remind you that things can get a little nutty.*
- Balloon: To remind you not to blow up.*
- Tea Bag: To remind you, you don't know how strong you are until you get into hot water.*
- Puzzle Piece: To remind you that you are an important part in the success of the center.*
- Dum Dum Pop – To remind you that it is OK to ask for help.*
- Smarties – To remind you that sometimes you know more than you think.*
- Confetti: To celebrate the joys in your life.*
- Cotton Balls: For the times when it gets so noisy*



M&M's Prescription

- Red: Take as needed to put pizzazz in your day*
 - Blue: Relieves pain caused by changes in plans*
 - Yellow: Increases digestion of good ideas*
 - Green: Gives you energy to keep up with requests from citizens and troopers*
 - Brown: Kills infection by patience worn thin*
 - Orange: Relieves tension caused by too much to do and too little time to do it.*
- TAKE THROUGHOUT THE DAY TO IMPROVE DISPOSITION**

TBRCC Senior Clerk Syble Fitzgibbon has been hard at work helping TBRCC Commander, Captain Urana Harris, to ensure that this is a successful week for all the hard working dedicated women and men at the TBRCC. As quoted by Syble, *“I heard more laughter in the last couple of days than I have since I’ve been here. It has been a lot of fun.”*